



World Hope Kenya

General Trip Information

We are so excited you are interested in joining us in Nairobi, Kenya; we know it will be a life changing experience for you. Below is listed some pertinent information; we hope it answers some of your questions, as well as gets you excited for all the Lord will accomplish on this trip. If you have any questions feel free to contact us at any time at Hopetrips@weareworldhope.com. We look forward to seeing you in Kenya!

Trip fee: The World Hope trip fee includes airfare (from our main travel airport hub, Orlando, Miami or New York), ground transportation, accommodations, trip t-shirt and breakfast each day.

Trip cost: The approximate cost is determined primarily by airfare and accommodation; it will vary depending on the length of the trip.

Trip agenda: We are preparing for a medical clinic, minor construction, children's program, sport programs and various types of community service. We will provide a more specific agenda as the trip approaches. Everyone can be helpful, no matter your talents.

Travel: Traveling to Kenya takes about 24 hours from the time we leave Orlando until we reach Kenya. We fly various airlines through different layover cities, all arriving at the Jomo Kenyatta International Airport (NBO).

Passport: Your current passport is required for travel. Please make sure it does not expire within 6 months of our travel dates. If it does you will need to renew it before travel.

Visa: A Visa is required to enter Kenya but this does **not** need to be applied for in advance. We will help you with the Visa process upon arrival to the Nairobi airport.

Shots: Please check with your local health department or doctor to determine the shots you will need to go to Kenya. World Hope requires that you have Hepatitis A and B vaccines and an active Tetanus shot to travel.

Lodging: We are staying at Karen Holiday Homes. It is a guest house type facility and holds 10 people per home with private bathrooms for each room. You can visit KHH on the web at www.karenholidayhomes.com.

Cell Phones: Cell phones in Kenya require sim cards which can be purchased in Kenya. Make sure your phone is an "unlocked phone" if you choose to use it frequently. The sim cards run about \$20 and then you pay for minutes.

IN COUNTRY INFORMATION:

Currency: Kenya shillings

Credit cards are accepted in most places except at the market where only shillings are taken. In nicer stores and sit-down restaurants, credit cards are fine to use with Visa and Master Card being more common than American Express. Exchanging U.S. Dollars should be done as \$100 bill increments dated newer than 2006 for a better exchange rate.

Food and Water: There is a big variety of food in Kenya. Only bottled water is used. We are very careful with this. If you will abide by our suggestions, then Typhoid should not be an issue.

Electric Voltage: Current is 220/240AC 50HZ. An adapter/transformer can be purchased at radio shack.

Time: Kenya is 8 hours ahead of EST.

Internet: Internet is available, though often unpredictable.

Language: Swahili and English are the official languages in Kenya. Swahili is the national language while English is the language of business. Hope Church and Hope Academy are English-speaking congregations. The people generally understand English and they speak with a beautiful British accent; you will find that you have to listen closely at times to understand fully. Be aware that Kenyans often say yes and shake their heads when we talk with them, this does not mean they understand. We will give you more examples on communicating in the Kenyan culture at orientation, things such as: the way we Americans wave at someone, in Kenya this means something completely different, to them it means to 'come here'.

Weather: The temperature in Nairobi is fairly consistent throughout the year. Mid-Seventies in the day is the norm with cool nights in the Fifties. The rainiest months are normally April and November/December. It is a good idea to bring a lightweight jacket to protect you from the elements if needed. Being so close to the equator, you will not realize how much sun you will get outdoors; wearing sunscreen is strongly encouraged.

Topography: Low-lying coastal region fringed with coral reefs and islands; some dry regions covered with savannah and thorn bush; rich plateaus (highlands) as high as 10,000 ft.; and arid and semi-arid northern Kenya.

GENERAL THOUGHTS:

We have a saying while in Kenya: It's not better, it's not worse... it's just different! Please be courteous to the culture. Please be cautious of conversations you might have. Kenyans do listen and you might think they don't understand, but they do.

Please be ready to go with the constant flow of change. It has proven true on all our trips that no matter how well we plan, things come up and things need to be changed to make the trip all it can be. We will have a brief morning devotion and meeting each morning, and most evenings. We need everyone to keep a positive attitude and be encouraging at all times. We are a guest in this country and want to be appreciative and cautious of the culture.

For all whom live in Orlando we will have a group meeting prior to the trip.

For those of you meeting us in Kenya from around the United States, we will send all meeting notes to you by email and set up conference calls when needed.

We are looking forward to meeting you, and it is our earnest prayer you will join us in Kenya. It will enrich your life and change you in more ways than you can imagine. Please prayerfully consider joining us.

Kenya Sample Schedule

There will be other activities planned as trip dates are confirmed. Every day you are in Kenya will change someone's life forever. You will be a part of Restoring Hope.

Day 1 (Thursday)

- Travel

Day 2 (Friday)

- Airport pick up
- Team Orientation and Housing check in

Day 3 (Saturday)

- Devotion and morning brief
- Slum Tour
- Intro of Hope Staff
- AWANA Ministry
- Evening Debrief

Day 4 (Sunday)

- Church / Team participation
- Team meeting and ministry prep for the week
- Team Dinner

Day 5 (Monday)

- Devotion and morning brief
- Ministry set up
- Hope Academy Students Performance
- Ministry Programs (Clinic, Construction, Children's, Hope Academy, Outreach)
- Team Dinner
- Evening Debrief

Day 6-8 (Tuesday to Thursday)

- Devotion and morning brief
- Ministry set up
- Ministry Programs (Clinic, Construction, Children's, Hope Academy, Outreach)
- Team Dinner
- Evening Debrief

Day 9 (Friday)

- Safari
- Market

Day 10 (Saturday)

- Team Breakfast at Java
- Final Good-byes at Hope Center
- Travel

Day 11 (Sunday)

- Arrive home